



# BALINESE RETREATS

**Yayasan Bali Purnati Retreat**  
4th – 10th OR 18th – 24th  
**October 2020**

Not many places in the world compare to Bali. Known as the 'Island of the Gods', its magical and spiritual aura welcome visitors with a warmth unlike any other place. Local people have a serenity and appear truly happy and blessed in life. And nowhere is this more true than when leaving the bustling south of the island to experience The Purnati Arts Centre. Based in Batuan, just south of Ubud, the cultural heart of Bali, Yayasan Purnati is the perfect base from which to explore the island before, during or after the pleasure of attending one of the retreats.



### Package includes:

- 6 nights accommodation at Yayasan Bali Purnati Retreat
- 3 organic Balinese meals a day (local seasonal produce)
- Choice of three classes per day (Pilates and/or yoga)
- Linen and room towels
- Yoga mats

**£1,450pp**

**Early Bird Package: If full payment is made by 1st March 2020 the package price will be reduced to £1,200pp**

Regular price of £1,450 per person to be paid in full by 1st September 2020.

### What's not included

- Flights
- Airport transfers
- Extra tips
- Any meals or trips out
- Private Pilates, Yoga, Reiki sessions
- Balinese Massages

### What you will need to bring:

- Pool towel
- Travel and health insurance (compulsory)
- Indonesian Rupiah for spending and trips
- Seek medical advice and make decisions on travel inoculations
- Check your visa requirements for Indonesia (most will need six months on passport)

This price is based on per person retreat cost for 6 nights covering accommodation, all meals and retreat classes, sharing a twin or double room. There is an extra supplement of £275 for single occupancy rooms.

You will need to make a non-refundable deposit of £150 to reserve your shared room with full payment of the remaining cost to be paid by 1st September 2020.



To book or for more information please call Nicky on  
**+44 (0)1243 511361 or +44 (0)7976 817486**  
or email: [n.winch@churchlodgebirdham.co.uk](mailto:n.winch@churchlodgebirdham.co.uk)  
[www.churchlodgebirdham.co.uk](http://www.churchlodgebirdham.co.uk)

